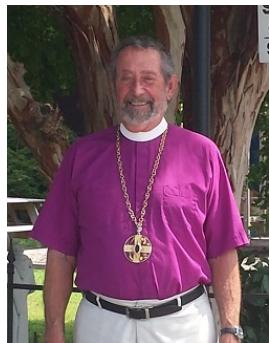


# Saint Mary Magdalene Episcopal Church

## August 2022 Newsletter



### Meet the Rt. Rev. David Bane Jr.

The Rt. Rev. David Bane is a retired Bishop, a West Virginia native and son of an Episcopal priest. He and his wife Alice, whom he met in college, recently moved to this area to be closer to two daughters and their families. Presently they reside in Pinehurst as their new home in Seven Lakes is being completed.

His education includes a BA in Economics, MBA, Bachelor of Divinity and Doctor of Divinity. He served four years as an officer in the United States Air Force in the US and overseas. After ten years in secular management, at the age of forty, he felt called by God to the priesthood, and he and his family spent three years at Virginia Theological Seminary. After ordination he served as Rector of parishes in West Virginia, New Hampshire, and Ohio. He was then elected Bishop of the Diocese of Southern Virginia responsible for 125 churches, 175 clergy, and 25,000 parishioners.

After retirement he and Alice lived in Elizabeth City, NC, for a time before moving to this area. They are blessed with four grown children and twelve grandchildren.

Bishop Bane was installed as the Bishop in Residence at St. Mary Magdalene during the Sunday service on July 24. He is now available to serve as Celebrant/Preacher when Fr. Stephen is away. He will also be on hand for pastoral services when needed. We welcome the Banes to our fellowship.

### AUGUST CALENDAR OF EVENTS

*August 9 and 23 –(2<sup>nd</sup> and 4<sup>th</sup> Tuesday of each month) Healing & Intercessory Prayer, 11:00 a.m.*  
*August 17 - Vestry Meeting, 4:30 p.m. **All Are Welcome!***  
*August 21 – Coffee and Contemplation following Holy Eucharist*  
*August 27– Articles for the September Newsletter are due. Contact Phyllis Olson.*

### Looking ahead:

Vestry Meeting - September 14, 2022 4:30 p.m.  
Stewardship Sunday: Planned for November 13.  
Annual Meeting: planned for Sunday, December 4.  
Coffee and Contemplation dates: 9/18, 10/16 and 11/20.  
Men's Breakfast fellowship and study time will resume in September. Watch for the date.



### August Birthdays

5 Linda Rinaldi  
11 Lilith Fravel  
13 Julia Poisson  
14 Ed Matthewson  
16 Maureen Miller  
19 Kaelynn Phillips  
21 Bob Miller  
28 Christa Burgess  
28 Phil Cox



### August Anniversaries

3 Donna and Ray McClung  
16 Phyllis and Pete Olson  
26 Martha and Skip Ragland



## Vicar's Reflections

Ellen and I recently hosted her 93-year-old mother in our home for about a week. Traveling at her age is not easy, and she tended to be impatient with herself, especially with her inability to control anxiety issues. She even asked, "Why am I like this?" Many people, like Ellen's mom, engage in a kind of spiritual paleontology. They are constantly digging around in their pasts to get everything out in the open. Their motive is to find causes for their unrest and gain self-understanding. This kind of soul-work is suitable to a point. However, such excavation of the soul is not always profitable. In so doing, "we can become like some paleontologists who end up inventing a new creature from a bone fragment." (Paraphrased from the Rev. Derrel Emmerson, *Servants on Point*, Vol. 17, Issue 5)

Ultimately, we need the peace of God that passes understanding. And thankfully, the gift of peace is what Christ gives. The night before our Lord left this earth, He promised, "Peace I leave with you; my peace I give to you. Not as the world gives do I give to you." (John 14:27) Let's receive that peace and not be so hard on ourselves for who and what we aren't, as we face circumstances that are out of our control.

*Stephen Becker*



## Merry Market

Julia Poisson will chair the Merry Market (fall/Christmas bazaar) again this year. Plans will begin soon. The availability of ample parking will be a consideration. The event is planned for November 19, the Saturday before Thanksgiving.

## Kiwanis Seven Lakes Phone Directory

St. MM will continue advertising in the Seven Lakes phone directory. Bob Rinaldi will update the information and submit it to the Kiwanis Club. The yearly cost is \$150.

## Girl Scout Fundraiser

Girl Scout Troop 2301 will hold a yard and bake sale at St. MM's parking lot on Saturday, September 10, 8:00 am – 12 noon. The troop welcomes donated items from church members, but will not be able to handle clothing, large furniture, or old books. Parishioners may send a photo of a large piece of furniture to be displayed at the sale to Laura or Jim Douglass. Contact Laura for more information. 910-585-8442

## Diocesan Convention Delegates

John Sapp and Bob Rinaldi will serve as delegates to the Diocesan Convention in Winston-Salem, November 18-19. An alternate is still needed

## Sunday Fellowship Brunch

Over twenty parishioners enjoyed a brunch-buffet at the Lighthouse Restaurant at Little River on July 24 after the service. Andrea Schmidt is now in charge of scheduling the brunches and will be arranging the next event. Check your E-Notes for the date.



TIME FOR CELEBRATION AND THANKSGIVING

William Henry Vosburgh Doolittle arrived July 19, --- 7 lbs. 4 oz. -- 19 ½ inches. The parents are Ian and Liesel Doolittle. Mother and baby boy are doing well. He will be called Liam. Kim and Valerie are happy, grateful grandparents.

## Website Updates

Jim Douglass is in charge of the St. MM Website and is currently updating information on leadership, worship, activities, and other relevant items. Check it out!

<http://WWW.STMMSEVENLAKES.ORG>



Kind words can be short and easy to speak, but their echoes are endless. **Mother Teresa**

The serving of good food is one certain way of pleasing everybody. **Marjorie Kinnan Rawlings**



The fact that Head and Shoulders has not made a bodywash called Knees and Toes really bothers me. **Copied**

*For the golfers:*

“Play it where it lies” is one of the fundamentals of golf. The other is, “Wear it if it clashes.”

**Henry Beard**

## Vestry Members

Senior Warden – John Sapp

Junior Warden – Julia Poisson

Linda Lindner, Kim Doolittle, Tim Burgess, and Jim Douglass

Vestry Secretary – Sherol Grigerick

Treasurer- David Poisson

## Linda Sapp's recipe, by request

### THYME and CHEDDAR COOKIES

6 oz. good quality block of “sharp” white cheddar (I used Old Croc sharp.)

1/2 C “unsalted” butter (softened)

2 tsp black cracked pepper, “coarsely” ground

1 tsp (heaping) dried thyme (can use 1 1/2 T fresh thyme)

1/2 tsp sea salt

1 1/4 C all-purpose flour

-Grate the cheddar using larger holes of the grater.

-With a hand mixer on medium combine butter, cheese, black pepper, thyme and salt until the butter is creamy and the cheddar is mixed evenly.

-Add flour until it forms wet clumps (no dry spots).

-Knead the dough just enough to evenly form a solid log.

-Wrap the log in plastic wrap and twist the ends closed.

-Chill 30-60 minutes.

-With a sharp knife, slice the dough into 1/4" slices onto a parchment-lined cookie sheet.

-Refrigerate the sheet with slices for 30 minutes (I don't usually add this step because I am slicing the cookies quickly and putting them into the oven cold.).

-Bake at 350 degrees for 10 to 15+ minutes (depending on desired crispness).

-After slightly cooling on the cookie sheet, slide the parchment to a cooling rack.

-Sealed tightly, the cookies can be stored in the refrigerator for several days or (with additional wrapping in tin foil and a plastic storage bag) in the freezer for a month.

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The Rt. Rev. David Bane Jr., Bishop in Residence

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***A Mission of the Episcopal Diocese of North Carolina***

